

Understanding Hormone Replacement Therapy (HRT)

These are the most common symptoms that may lead you to consider Hormone Replacement Therapy (HRT). Dive in and check all that apply to you!

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| <ul style="list-style-type: none"> <input type="radio"/> Acid Reflux <input type="radio"/> Acne <input type="radio"/> Anxiety <input type="radio"/> Arthralgia <input type="radio"/> Arthritis <input type="radio"/> Asthma <input type="radio"/> Autoimmune disease (new or worsen) <input type="radio"/> Bloating <input type="radio"/> Body composition changes/belly fat <input type="radio"/> Body odor <input type="radio"/> Brain fog <input type="radio"/> Breast tenderness/soreness <input type="radio"/> Brittle nails <input type="radio"/> Burning sensation in the mouth/tongue <input type="radio"/> Chronic fatigue syndrome <input type="radio"/> Crawling skin sensations <input type="radio"/> Decreased desire for sex <input type="radio"/> Dental problems <input type="radio"/> Depression <input type="radio"/> Difficulty concentrating <input type="radio"/> Dizzy spells <input type="radio"/> Dry eyes | <ul style="list-style-type: none"> <input type="radio"/> Dry mouth <input type="radio"/> Dry skin <input type="radio"/> Eczema <input type="radio"/> Electric shock sensations <input type="radio"/> Fatigue <input type="radio"/> Fatty liver disease <input type="radio"/> Fibromyalgia <input type="radio"/> Frozen shoulder <input type="radio"/> Gastrointestinal problems <input type="radio"/> Genitourinary syndrome <input type="radio"/> Headaches <input type="radio"/> Heart palpitations <input type="radio"/> High cholesterol/tri- glycerides <input type="radio"/> Hot flashes Incontinence <input type="radio"/> Insulin resistance <input type="radio"/> Irregular heartbeat <input type="radio"/> Irritability <input type="radio"/> Itchy ears <input type="radio"/> Itchy skin <input type="radio"/> Joint pain <input type="radio"/> Kidney stones <input type="radio"/> Memory issues <input type="radio"/> Mental health disorders | <ul style="list-style-type: none"> <input type="radio"/> Menstrual cycle changes <input type="radio"/> Migraines <input type="radio"/> Mood changes <input type="radio"/> Muscle aches <input type="radio"/> Muscle loss <input type="radio"/> Musculoskeletal pain <input type="radio"/> Night sweats <input type="radio"/> Non-alcoholic fatty liver disease <input type="radio"/> Osteoporosis <input type="radio"/> Pain with intercourse <input type="radio"/> Palpitations <input type="radio"/> Arcopenia (loss of muscle/strength) <input type="radio"/> Sleep Apnea <input type="radio"/> Sleep disturbances <input type="radio"/> Temporomandibular disorder <input type="radio"/> Thinning hair (on head) <input type="radio"/> Thinning skin <input type="radio"/> Tingling extremities Tinnitus <input type="radio"/> TMJ (temporomandibular disorder) <input type="radio"/> Unwanted hair growth (whiskers) <input type="radio"/> Urinary tract infections <input type="radio"/> Vaginal dryness <input type="radio"/> Vertigo <input type="radio"/> Weight gain <input type="radio"/> Wrinkles |
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